



Newsletter

Friday 24th February

Head Teacher: Mrs R Osborne Twitter: @CosgrovePrimary

E-safety with Simon Aston

We were very pleased that Simon came into school on Tuesday 21st February to deliver a series of e-safety workshops with the children. He would like us to pass on some key e-safety messages for parents:

- Firstly I am really highlighting to all schools, parents and young people that the internet is an amazing resource and we must allow them to use it but use it safely. It is a brilliant amazing tool!
- ANYWHERE young people go online they are exposed to risk and no one can element online risks!!!! They will be one click away from strangers and inappropriate content including online gaming and apps!
- Within the home boundaries and constant communication goes SO MUCH further than ANY form of parental control. We MUST educate young people to navigate there way safely through the internet and not block everything,
- Please be vigilant around secretive online behaviour again we need to talking all the time to young people on ways to keep safe online
- Its ok not to know everything about apps and websites but please download for free the Netaware app by the NSPCC
- DON'T go with any age limit from any app store such a Google play – Youtube has 17 next to it and its 13, Instagram has 3 or 4 next to it and its 13.
 - For infants use the Youtube for kids app rather than the main Youtube site
 - The main YouTube site or app is full of inappropriate content parents must monitor this
 - Young people and adults using social media will see or be exposed to the following, they have age limits for a reason, and filtering at home often does not stop this:
 - o Pornography (average age young people see this is online 9-11)
 - o Radicalisation (Youtube especially)
 - o Extremist views
 - o Completely inappropriate language
 - o False information
 - o Cyberbullying
 - o Self-harm
 - o Hacking
 - o Online grooming (average time it takes to groom a young person online is 25 minutes)

E-safety continued

At home parents MUST do the following even with a 5 year old:

- o Set up smart-phone free zones: It's impossible to monitor everything. So upstairs is always free of technology.
- o Be a strong digital role model: Parents Practice what you preach!
- o Digital sunset: No technology or devices for at least an hour before bed and set firm time limits on all devices. Including parents! Phones are left downstairs and buy an alarm clock, don't go to bed with a phone or tablet.

- 88% of all images that go through social media will end up on other websites without us realising! High privacy settings does not stop this
- Parents sit down with your children and explore social media TOGETHER! Look at who they are friends with, play digital detective with them and get them look out for any personal information that could lead them into bother on their social media accounts. NO close up selfies, no personal videos in Youtube!
- Year 5 and 6 – Parents must download for free the Internet Matters app its amazing and will help with communicating at home around online safety

Parent workshops

On Wednesday 22nd March, we will be offering parents the opportunity to come along to our free evening workshops. We will be offering three, thirty minute workshops on the same evening which are for Kinetic letters (our school handwriting approach); phonics to help your child with reading and writing and supporting your child with maths at home. There will be resources linked to each workshop that you can take away to use at home with your child. The timings for each workshop are detailed below and all sessions will be held in the school hall. You can attend all 3 or you can attend just 1 session, whatever you will find the most useful.

6pm - 6:30pm Kinetic letters handwriting approach

6:35pm - 7:05pm Phonics

7:10pm - 7:40pm Maths

We hope you are able to support your child by attending these sessions.

Dates for the diary

2nd March - Governor meeting for parents 5pm - 5:30pm

9th March - Voice in a Million

22nd March - 6pm parent workshops (Kinetic letters, phonics and maths)

31st March - 9am - 9:30am Breakfast book look for parents